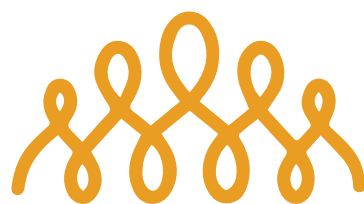




Annual Report

2017- 2018

SAVE A FAMILY PLAN



SAVE A FAMILY PLAN

IN INDIA SINCE 1965

Family Development Program



10,984

Poor families received assistance during 2017-'18

We Support



3225 Widows / Abandoned women

505 Families affected with cancer

58 Families affected with HIV/AIDS

408 Families affected with tuberculosis

Geographical Reach



74 Districts

449 Panchayats

65 Municipalities / Corporations

36 NGOs

5 States

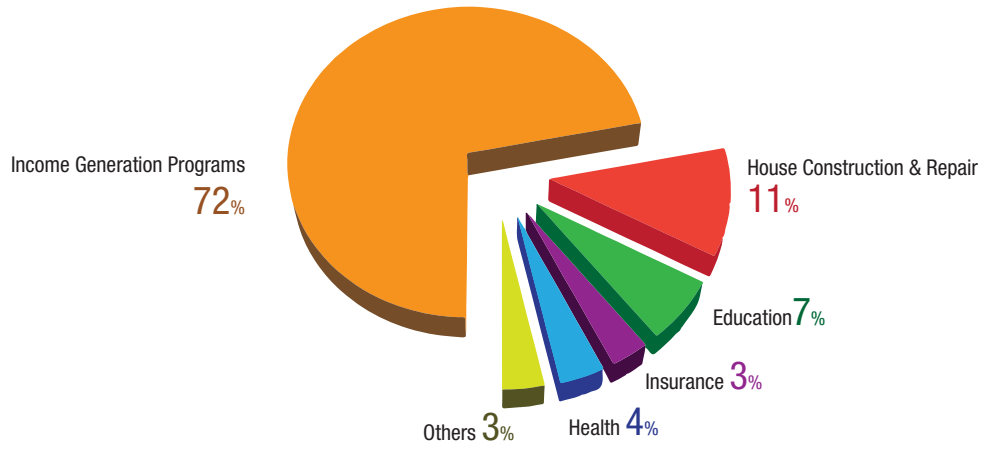
Providing Financial Assistance To Poor Families



Families are the core focus of Save A Family Plan since its foundation. Save A Family Plan delivers financial assistance to the poor families in India to enhance their quality of life. The support from Save A Family Plan is used by the partner families for activities like starting small business, house construction, medical treatment, education of children, constructing sanitation facilities etc.

Before using the financial support from Save A Family Plan, the families with the help of Family Development Program field staff, prepare a financial plan to decide how to use the money for their sustainable development. This process helps the families to have an ownership of the program and become more aware about their opportunities and resources.

Financial assistance used by the families in 2017-'18



Empowering The Families Through Capacity Building Programs



Save A Family Plan ensures that all the families stepping in the Family Development Program is well equipped with accurate understanding about doing their own income generation programs. We do that by providing need based and practically oriented entrepreneurship trainings to all the families newly entering into the program. These trainings, which are given by expert resource persons, educate the poor families to carryout profitable and sustainable income generation programs to improve their standard of living.

These trainings make the families aware about the opportunities and challenges in doing various Income generation programs. Diverse skills are taught to new partner families such as financial management, marketing strategies, time management etc., help them to start their small scale business.

In 2017-'18, **1437** new families are given entrepreneurship trainings to start sustainable and profitable income generation businesses



Story of Merlin from Vallavilla, Tamilnadu

Merlin, a widow with two children was staying in her unsecure house when the Family Development Program staff met her. She was very depressed and suffering from anxiety because of her husband's unexpected loss. The Family Development Program staff gave her psychological support and provided her entrepreneurship training in umbrella making and detergent making. With the continuous support and follow up by our staff, Merlin was able to master the skills of umbrella making, detergent making and the candle making. Now she is earning a good amount as income from these businesses and extend her sincere thanks to Save A Family Plan.

Changing Lives Of The Poor Through Livelihood Initiatives



Save A Family Plan stands for the sustainable development of families that we support and this endeavour can only be achieved by supporting the families to have regular income through various income generation programs. Apart from the monetary benefit, the partner families gain a sense of self confidence, learn new skills and build more healthy and productive relationship with their community.

Through regular house visits, our field staff ensures that, the families are doing profitable and sustainable income generation programs and constantly gives them guidance and feedbacks to improve their profit and productivity from such activities. Save A Family Plan fosters the poor families to stay on their feet even after the six years support period through income generation programs.

Most common Income Generation Programs started by families in 2017 - '18

15.15% Tailoring	13.96% Goat Rearing	11.93% Cloth Business
9.01% Cow Rearing	4.97% Petty Shop	3.66% Poultry

2,556

Families started new Income Generation Programs in 2017-'18



Meet Sindhu from Aravila, Kerala

It had been a great disaster for Sindhu after she lost her husband in an accident at the sea and left over with her children in a dilapidated house. She is also suffering from intracranial hypertension which prevented her from doing any regular work. The Family Development Program staff got in touch with her and inspired her to start an income generation program with the assistance. Sindhu commenced her tailoring work and started developing her hidden skills. Our program staff, constantly stayed in contact with her and visited her in person to provide guidance and feedback. She simultaneously opened a beauty parlour at her home, which is also giving her additional income. Now she has developed into a decent entrepreneur and earning stable and good income from her small businesses.

Widows and Abandoned women



1992

Widows accessed widow pension during 2017-'18

₹ 1,64,14,900

Received by the widows as pension in 2017-'18

In India, Widows and Abandoned women from poor and vulnerable families face numerous challenges from the society and even from their own families. Being the only bread winner of the family, they often find it very hard to meet the basic expenses such as food, education and medicine. Unequal payment given to women and the scarcity of employment opportunities add weight to the crisis faced by the widows from poor families in India. The *social stigma* surrounding in widows and abandoned women is still a monumental problem in India, which result *treating them unequally* in different social circumstances.

What we do

Our experienced and trained staff provide Emotional and Psychological support to widows and abandoned women from the partner families and builds trust and confidence in them to face diverse challenges.

Our financial support helps them to start their own small scale business and become self reliant.

Save A Family Plan empowers them through various capacity building programs, awareness classes and enabling them to mobilize resources locally from government.

Basic Infrastructure Development



Many of the poor families in India are still deprived of a decent roof to protect their children. They dream of having their own safe and secure house and we help them to make their dream into a reality by providing financial assistance and guidance. Save A Family Plan promotes basic human infrastructure facilities among families by helping them to construct liveable house, sanitation facilities, safe drinking water sources, electricity access etc. We also assist the poor families, to mobilize local resources from government and other sources by linking them with government departments and local contributors.



Families completed the construction of new houses

548

Local resources mobilized for families to construct houses

₹ 13,56,92,800

Families completed the construction of sanitary latrines

650

Local resources mobilized for families to construct sanitary latrine

₹ 1,28,52,900

Families purchased new land

179

Families received new drinking water connection

820

Families constructed new water wells

161



13 families received ₹ 1,12,500 each as financial assistance from Save A Family Plan, exclusively for house construction



Meet Lilly Thomas from Manathavady

Lilly comes from an interior village in Wayanad, Kerala. With four children and physically challenged husband, the whole weight of the family was in her shoulders. Her sickness in bone thinning added the burden to her. They were living in a house which is at the verge of dropping. In this situation, Save A Family Plan decided to help this family. By the intervention of Family Development Program, Lilly started cow rearing as an income source. The Family Development Program staff helped her to mobilize resource from government and local sponsors which helped her to fulfil her dream of having her own safe house. She now lives happy with her family and very grateful to Save A Family Plan for making her dream into reality.

Promising Better Future By Ensuring Better Education To Children



Save A Family Plan is concerned about the education of the children in each and every partner family. The families very often use a part of assistance from Save A Family Plan for the educational purposes of their children. We ensure that every child eligible for education in the supported families are going to school and getting quality academic learning every year. Our field animators continuously visit the families to monitor the educational progress of children, consult with the school teachers and provide guidance to parents to guarantee that their children are getting better education. The animators also make the families aware about various scholarships available for students and help them to mobilize local resources for educational support.

16,213

children from partner families are going to school

7534
children in
primary school

2942
children in
higher secondary school

5737
children in
secondary school

1094
children in
professional studies

6,341

Children from partner families received scholarship



Meet Malathi from Aruvankadu, Tamilnadu

Malathi is the only bread winner of her family since her husband is physically ill. Her son Vignesh ran away from home while he was studying in 8th grade. Malathi got in touch with Family Development Program staff and they immediately contacted the school teachers and Police department. With the help of Family Development Program staff, the police was able to find the child very soon. Our staff provided in-depth counseling to Vignesh and able to motivate him to continue his studies. The program staff met with family and school teachers and provided counseling to the family to avoid future circumstances which can affect him. As a result of our regular follow up and monitoring, Vignesh completed his 10th standard successfully and now studying for professional catering course in Chennai, Tamilnadu. Malathi and her family are thankful for the timely intervention of Save A Family Plan which helped her child to successfully continue his studies.

Healthcare



Family Development Program gives high significance to the health of partner family members. Save A Family Plan ensures the well being of the partner families by providing them with health awareness trainings, enrolling the partner families into health insurance schemes and constantly monitoring their health status through house visits. We assist pregnant mothers and adolescent girls for accessing nutritious food from local health care centres.

4536

Families insured under medical insurance

1331

Families received medical insurance

655

Trainings given to partner families to provide health awareness

₹ 2,11,09,230

Mobilized for medical support to partner families

Family Development Program Awareness Campaign



Save A Family Plan, with the aim to sensitize the partner families more about the Family Development Program, designed and conducted an orientation campaign in the partner organizations. The major objective of the campaign is to make the families aware about their rights as a beneficiary and thereby increase their role and ownership in the Family Development Program. The orientation classes are given by Family Development Program staff in the partner organizations and observed very effective in promoting the program concepts among partner families.

88

**Awareness campaigns
conducted for partner families**

7626

**Partner families
participated in the campaign**

Empowering Women

Save A Family Plan incorporates the gender and development approach which highlights the need for gender equality both as a precondition and an end goal of sustainable development in the Family Development Program. We, as an organization committed to social justice, consider gender equality as an integral component of our vision, mission and strategies. Save A Family Plan facilitates the partner families in addressing gender issues, enable women to enjoy their rights and empower them to make decisions that affect the development of their life. Save A Family Plan fosters leadership skills in women by encouraging and assisting them to take up leadership positions in local governing bodies and self help groups.

1250

Women working as
SHG leaders

69

Women working as
Panchayati Raj Institution members

3349

SHGs partnering with
Family Development Program



Annual General Meeting



Annual General Meeting of Save A Family Plan, is held on February 13, 2018. It was an opportunity to share new ideas in the field of social development and address the present issues we are facing as social development agencies. The presence of Bishop Sebastian Adayantharath (President, Save A Family Plan India), Ms. Lois Cote (President, Save A Family Plan Canada) Ms. Marisa Thorburn (Executive Director, Save A Family Plan Canada), Ms. Lesley Tordoff (Former Executive Director, Save A Family Plan Canada) and Executive Directors from the partner organizations made the Annual General Meeting more flourishing.



Training To The Staff



Save A Family Plan equips all the staff to face the current challenges in the program and develop strategies. Trainings given by experts in the field of social development is a great platform to share the ground realities.

Monitoring and Evaluation



Save A Family Plan understands the need and relevance of constant monitoring and evaluation of the Family Development Programs. The partner families progress and barriers are continuously monitored and reported in a systematic way through regular house visits by our staff.

Golden Jubilee Housing Program



Save A Family Plan widened its wings to another developmental destination with the launch of Golden Jubilee Housing Program. This program serves the housing needs of the poorest of poor families who are deprived of decent living shelters. Save A Family Plan in collaboration with Government and other non governmental institutions helps the poor families to fulfill the dream of having their own *safe and secure houses*.

We supported

152 houses with

₹ 1,03,40,000

Through shelter, we empower

The vulnerable families supported



Widows

47



Abandoned

22



Cancer

07



Differently abled

45



HIV / AIDS

01



Heart Disease

10



Leprosy

01



Tuberculosis

04



Poor Living Condition

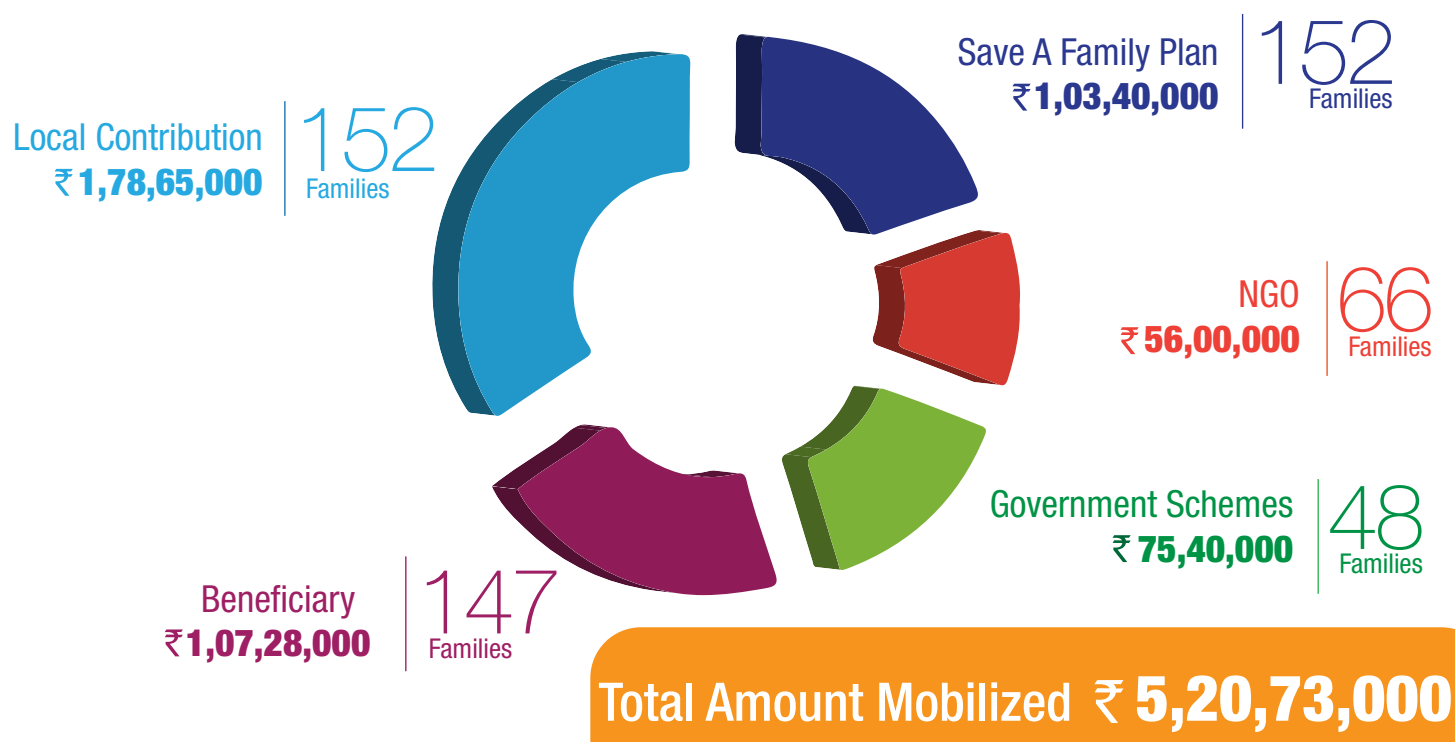
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We build together

With participatory effort and collective action



Resources Mobilized



Laying foundation of lives



Antony Stella Mary is a widow having two small children. She is working as a helper in a school where her children are studying. The poor living condition of the family was identified by the local self help group members and they linked the family with Golden Jubilee Housing Program. This was a life changing event in the life of Antony Stella Mary. The construction of her house completed very soon with Save A Family Plan's support along with contributions from Sisters Congregation, school teachers and other well wishers. Now she feels more secure, confident and a sense of her own identity in the society.

Laying foundation of lives



Chandran is a daily wage worker living with wife and two small children in a shed. His wife is mentally unwell and he could not even imagine a livable house of their own. Chandran's life turned around when he is informed about Golden Jubilee Housing Program by the Sisters of Seraphic. He built his dream house with the assistance of Save A Family Plan and Sisters of Seraphic. The new home brought remarkable changes in Chandran's family and provided them the strength, stability and self-reliance to build a better life.

Sustainability Through Participation Empowerment & Decentralization (SPED IV)



Sustainability through Participation Empowerment and Decentralization (SPED IV) is the fourth edition of the community development program by Save A Family Plan. The program aims to empower communities to address their problems and issues in a participatory, scientific and sustainable way.

OPERATIONAL AREA



8 Panchayats in the
Mulchera block of
Gadchiroli District
Maharashtra



3 Panchayats in the
Puthur Taluk of Dhakshina
Kannada District
Karnataka

Community Issues Identified

Poor quality volume and transporting means of water

Lack of safe drinking water

Lack of infrastructure

Program Results

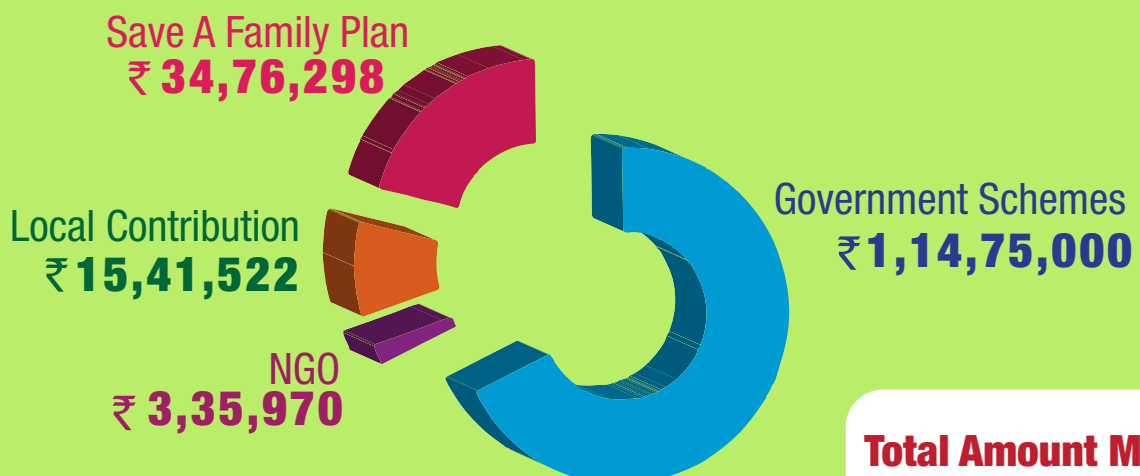
18 capacity building trainings provided to **1050** villagers

29 Village Action Teams formed with **316** members

Infrastructure development

Bore wells constructed **6**
Road constructed **1**
Open well cleaned **16**
Drinking water tank constructed **2**
Solar streetlights installed **5**
Community Soak Pits constructed **6**
Well Recharge Soak Pits constructed **7**
Dry Toilet Constructed **1**
Pond Cleaned **1**

Resources Mobilized



Total Amount Mobilized
₹ 1,68,28,790

Stories From The Field



Kodigaon Tolla is a small and underdeveloped village having only 32 houses. Most of the people in the village belong to Scheduled Tribes. When the SPED IV program started in the village, people were doubtful and participation in the village meetings was less. Everything was new to them since the village is untouched with developmental interventions. The trainings related to the importance of preserving ground water and the construction of community soak pit by the SPED IV program was an eye opener to the villagers. Slowly the SPED IV activities gained momentum in the village. The villagers came forward and showed their willingness to construct one more soak pit with their own contribution.



People of Baithane village had no good road access before SPED IV had made a crucial intervention in their community. The SPED staff motivated the Village Action Team(a local initiative formed by SPED IV program) members to apply for government scheme for road construction. As a result the district panchayat and taluk panchayath sanctioned Rs.2,74,000 for the road construction from Hosmata to Vaalya. The participatory effort was really a learning for the villagers and they further approached the government through Village Action Team to get support for the remaining construction of the road from Vaalya to Ulippu. The collective effort came in to a success when the local government sanctioned Rs.12,00,000 for road construction.



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IN INDIA SINCE 1965