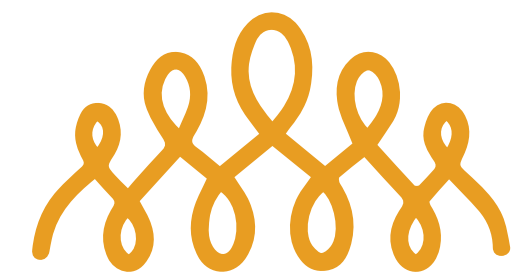




# ANNUAL REPORT 2018 - 2019



**SAVE A FAMILY PLAN**

IN INDIA SINCE 1965

# WE WORK FOR A BRIGHTER FUTURE



“

*I hope Save A Family Plan continue to help families to stand on their own feet, like ours...*  
Saroja, Idukki

”



“

*Now I can live without fear with my children in a safe house, thank you Save A Family Plan...*  
Sibi Basil, Trivandrum

”



“

*We are happy, now we have a stable income source, thanks to Save A Family Plan...*  
Janaki Kullan, Wayanadu

”



“

*A good house was a dream... but now it is a reality...*  
Thangam, Marthandam

”



**OUR**  
**IMPACT**

**WE HAVE REACHED**

**2821** WIDOWS

**1226** ABANDONED WOMEN

**478** FAMILIES AFFECTED WITH CANCER

**62** FAMILIES AFFECTED WITH HIV / AIDS

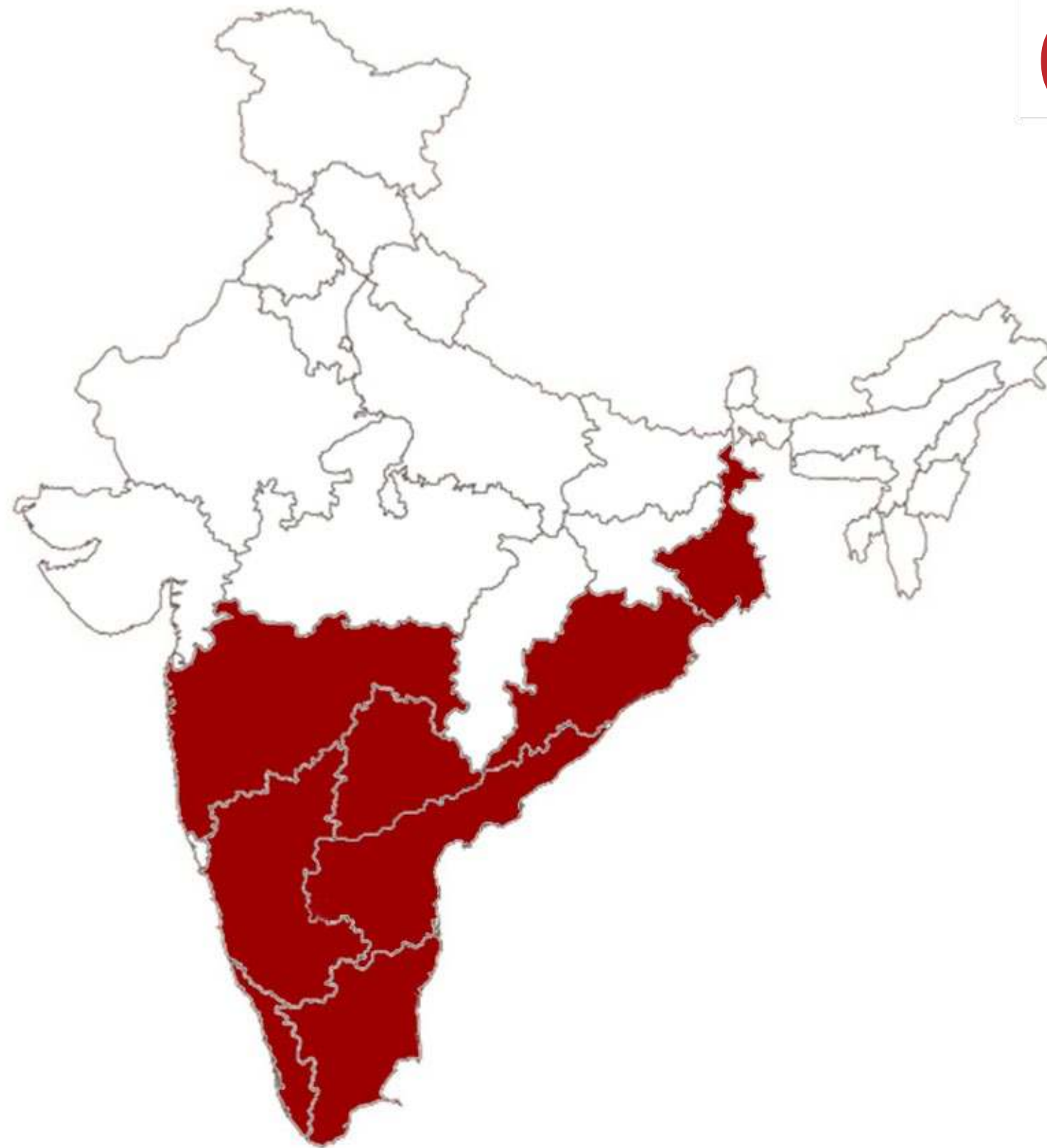
**480** FAMILIES AFFECTED TUBERCULOSIS

**1308** FAMILIES AFFECTED WITH  
PHYSICAL / MENTAL DISABILITY

**3104** POVERTY AFFECTED FAMILIES

**CHANGING THE LIVES OF**

**9479** **FAMILIES**



**OUR**

## **GEOGRAPHICAL REACH**

**45** NGOs

**8** STATES

**77** DISTRICTS

**16** MUNICIPAL CORPORATIONS

**56** MUNICIPALITIES

**354** PANCHAYATS



**2300 FAMILIES STARTED  
NEW INCOME GENERATION PROGRAMS**

**77.59% FAMILIES ARE RUNNING  
PROFITABLE SMALL BUSINESSES**

## **INCOME FOR EVERY POOR FAMILY : A FUTURE WITHOUT POVERTY**

In India, poverty is not an issue of resource availability; rather, it is an issue of access to resources.

Many poor people are not able access food and shelter and education because they do not have stable income source to provide their families.

Save A Family Plan has recognized this core issue from the very beginning of its invention and we help the poor families in India, to gain durable income from various small scale businesses.

Through our support money and field staffs, we join in hands with poor families to start and maintain feasible and profitable Income Generation Programs. The families are given financial support, trainings and regular feedback by our experienced field staffs, to make sure that the small businesses initiated by them provide enough financial gain to improve the quality of life.



Arifa in her snacks making unit



## STORY OF ARIFA

Arifa is a differently abled woman affected with Polio when she was 6 months old. Her health condition is also affected with epilepsy which hinders her normal daily life. However Arifa has proved that these restrictions are nothing when a person is determined. With the help of Save A Family Plan, she started snacks making business and started getting fair amount as profit. With the guidance from Save A Family Plan Staff, her food product's demand increased in local markets, which helped her to earn more income. Now she provides income for another 11 women who works under her as support workers. With the income, she constructed a small beautiful house and started grocery shop near to her house. The story of Arifa is one among the thousands of women whose life turned around because of Save A Family Plan.

**2821**

**WIDOWS ARE  
SUPPORTED**



**1226**

**ABANONED  
WOMEN ARE  
TAKEN CARE OFF**

**AIDING THE POOR WIDOWS AND  
ABANDONED WOMEN**

**WITH OUR INTERVENTION :**

**2183** WIDOWS RECEIVED WIDOW PENSION

**77.38%** WIDOWS ACCESSED WIDOW PENSION  
WITH OUR INTERVENTION

**₹ 1,76,97,332** RECEIVED BY WIDOWS  
AS WIDOW PENSION

**342** WIDOWS RECEIVED WIDOW PENSION FOR THE  
FIRST TIME AS A RESULT OF SAVE A FAMILY PLAN'S  
INTERVENTION



## ENCOURAGING TO DREAM AGAIN

Becoming a widow is probably the worst nightmares of women in India, especially for the women in the lower income rural families. Historically, widows were subjected to numerous superstitions and inhuman traditional practices throughout India. Although times have changed, widows in poor families are still living in the echoes of the stigma the society has towards them, making them face a variety of social taboos every day. Such kind of stereotypical beliefs forces widows to step back from the mainstream of the society and live in their shadows. The questions of how they can afford to eat, or keep their children in school add an emotional toll to them which starts a new set of hardships. As a socially committed organization, Save A Family Plan is bound to give a hand to the widows to come out from such miserable situation. Our program gives them enough confidence to come out and participate in the community activities. Our field staffs builds emotional relationship with family members who assist the families to overcome trauma and builds emotional resilience. Save A Family Plan gives financial assistance to widows in poor families and gives them confidence to start a small business of their own, so that they can achieve economic stability to support their family. Our financial assistance helps the widows to educate their children, construct safe houses and sanitary latrines, provide healthcare to the family members and be a part of social security schemes.

### How we help widows to mobilize local resources

Even though there are number of government welfare schemes available to assist poor widows in India, most of the widows in poor Indian families are unaware about it. Moreover, many of them are shy and prefer to stay apart from the mainstream of the society as a result of many social stigmas. Our field staffs recognise this and educate the widows about various government welfare programs and approach the government departments along with the widows to apply for welfare programs. We meet with the local government body officials and advocate on behalf of the widow headed families to access government welfare programs. Apart from these, we help them to build a good local support network in the community which can aid them to access local resources in the future.





## **SKILL TRAININGS BUILDING SKILFUL ENTREPRENEURS**

Starting a new small scale business is not an easy task for the poor families, since it requires a good understanding about the present market trends, availability of goods, marketing strategies and financial management skills. Very often inexperienced small scale ventures fall apart because of the lack of these factors.

By keeping these in mind, Save A Family Plan delivers high quality skill trainings to the partner families. These trainings are provided by experts in entrepreneurship development that enable the families to build a platform of knowledge which will help them to start and sustain profitable Income Generation Programs. Such skill trainings are given to every new families before they enter in to our program.

Trainings are also given to Save A Family Plan field staffs and program officers, which equips them to face the newly arising challenges and empower them to facilitate the program delivery more effectively.

**1425 FAMILIES  
RECEIVED SKILL TRAININGS  
ON ENTREPRENEURSHIP DEVELOPMENT**



**100** **OCKHI CYCLONE AFFECTED FAMILIES SUPPORTED**

## **SAVE A FAMILY PLAN'S SUPPORT TO THE VICTIMS OF OCKHI CYCLONE**

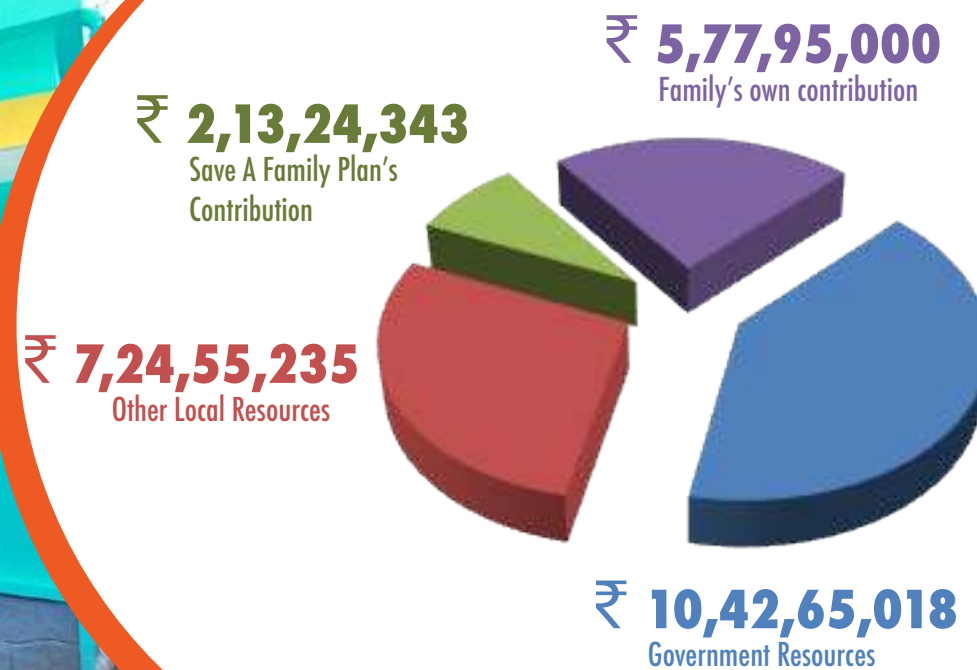
On November 29<sup>th</sup> 2017, coastal areas of Trivandrum and Kanyakumari districts in India were hit severely by the catastrophic disaster namely Ockhi cyclone. The cyclone resulted in 288 families losing their bread winners, their husbands, sons, and brothers. Hundreds of families also lost their boats, houses and household items.

Save A Family Plan was the first to act on this situation by selecting 100 disaster affected families in to the Family Development Program. These families will be provided with regular financial support for six continuous years, which will help them to start a profitable small scale business to support their family. Our field staffs provided emotional help for the affected families and particularly to those persons rescued from the sea, who are still in fear and trauma. As most of the dependents of the Ockhi victims were in a mental shock, they were given repeated counselling sessions by Save A Family Plan staff and this has helped them to overcome their fear and mental trauma.

# 578 FAMILIES CONSTRUCTED NEW HOUSES



## RESOURCE MOBILIZATION



## STABLE AND DECENT HOUSE HELPING TO MAKE DREAM IN TO REALITY

A decent house is the platform from which a family can improve their standard of living move towards their development goals. Unfortunately, many of the poor in India still deprived of a decent shelter to protect their family. Save A Family Plan recognises this issue more than any other and we are committed to ensure that the families we support lives in safe and secure houses. We believe that every family has the right to live in a decent shelter.

We provide financial assistance to the poor families to construct quality living infrastructures and we enable them to mobilize resources from government and other local sources. The unique approach of Save A Family Plan field staffs, help the family to get familiarised with various government schemes and polices which can aid them to construct their own house.

# 102 FAMILIES PURCHASED NEW LAND



## STORY OF LEELAMMA

Staying in a broken shed with two kids was miserable for Leelamma and her husband. It was quiet natural that the children get ill during the rainy season. Her hopes for a new house got shattered when her husband Kunjumon met with an accident at work site. As a silver lining, she heard about the Golden Jubilee Housing Program of Save A Family Plan through the parish church. The intervention from the field staffs resulted in mobilizing more resources for Leelamma and her parishioners also extended their helping hands. Children are very happy in their new house, they have enough place to keep their books. The new house is really a new world to them.



**370 FAMILIES RECEIVED  
NEW DRINKING WATER CONNECTION**

**43 FAMILIES CONSTRUCTED  
NEW WATER WELLS**

**406 FAMILIES CONSTRUCTED SANITARY  
LATRINES**

## **SAFE WATER AND APPROPRIATE SANITATION: PROMOTING HEALTHY LIVING AND LIFESTYLE**

Contaminated drinking water sources and unsafe hygiene practices are believed to be the root cause of many deadly diseases in India. In certain places, the families have to travel miles to collect safe drinking water. To resolve these issues, Save A Family Plan provides financial assistance to the poor families for accessing safe drinking water and healthy sanitation facilities. Our support helps the families in tapping new drinking water connection and building hygienic sanitary latrines. Along with that, families are regularly given awareness about safe and hygienic lifestyle practices by our expert field staffs.

# IMPLEMENTED ACTIVITIES

14

COMMUNITY SOCKPITS



14

ROOFTOP RAINWATER  
HARVESTING  
TANKS

13

PONDS CLEANED

12

IGP UNITS

19

DRY TOILETS

13

WELL RECHARGE SOCKPITS

3

INDIGENOUS  
WATER FILTRATION  
MECHANISM

55

AWARENESS CLASSES  
CONDUCTED ON  
WATER HARVESTING

**10881**  
**CHILDREN GOING**  
**TO SCHOOL**

**5131**  
**CHILDREN RECEIVED**  
**SCHOLARSHIP**  
**OVER THE PERIOD**



## **EVERY CHILD DESERVES EDUCATION**

There is no doubt that education is by far the most powerful weapon to cut the long rolling chain of poverty. Children with proper education can give hope and faith to any poor parents to come out of their miserable living circumstances. However, in India, despite of the numerous policy changes and programs implemented by the Government, 1 in 4 children of school-going age is out of school in our country according to the National Census conducted in 2011.

In this overwhelming situation, Save A Family Plan is committed to ensure the education of all the children in our partner families. We assist the families financially to provide quality academic education to their children and help them to access various educational scholarships and aid programs. Our field staffs goes each family regularly, to monitor the educational status of children and thereby ensures that each and every child goes to school every day. Career orientation classes are conducted for children in order to assist them in choosing appropriate choices regarding their education.



**595 TRIBAL PARTNER  
FAMILIES RECEIVING SUPPORT**

## **PARTNERING WITH TRIBAL FAMILIES TO IMPROVE THEIR QUALITY OF LIFE**

Save A Family Plan as a development organization had identified the need for working with the tribal people in India, as they are the poorest community in all respects. These indigenous people, who were once the owners of the land, were finding it very difficult to survive. More than half of the tribal families are illiterate and have no official government documents. Unemployment is another of the biggest problems the tribal are facing at present. The health care is also negatively affected due to livelihood limitations. Studies showed that the killer diseases dangerously spared in tribal hamlets like Cancer, Tuberculosis and psychiatric problems. In this scenario, Save A Family Plan strongly believes that it's only through the economic and financial stability the tribal families in India can improve their quality of life. Our strategic interventions and financial assistance help the tribal families to start income generation activities and earn regular income. Our staffs are deeply connected with tribal communities in India so that they act as a link between government agencies and tribal families to give them access to various government welfare schemes. We ensure that the children in tribal families are going to school every day and help the families to meet expenses of medical treatment and higher education of their children. Save A Family Plan also encourages the people of indigenous communities to participate in mainstream community activities to improve their community participation.





## **STORY OF MANJU FROM WAYANAD**

Manju from 'Paniya' tribal community in Kerala, fell apart when she learned that her father is affected with intestine cancer. Doctors referred for major surgery but due to their financial crisis, they are not able to undergo for the same. The meager income which comes from her husband's daily wage work was insufficient to meet the medical expenses of her father.

Save A Family Plan staff got in touch with Manju's family and helped them to start a profitable income generation program of goat rearing. Our staffs contacted the local government bodies and urged to provide assistance to help Manju's family from their miserable situation. Because of the efforts from Save A Family Plan, the Local government officials visited their family and granted fund to construct a new house for Manju. Besides that our staffs quickly mobilised money from local well-wishers to assist Manju for the treatment of her cancer affected father. Now she expresses thanks to Save A Family Plan for rising helping hand to her family.

**5734** FAMILIES INSURED UNDER MEDICAL INSURANCE



**711** FAMILIES CLAIMED MEDICAL INSURANCE

## HEALTHY FAMILIES AND COMMUNITIES

The health and wellbeing of partner families has always been central to Save A Family Plan's work. Our financial support helps the families to access medical support, get nutritious food for children and carrying out emergency medical needs of the family members. We know that, families need to be monitored and educated about various health hazards existing in the community, thus our staffs goes door to door to sensitize the families and conduct various awareness classes to the families regarding health related topics.

**855**  
TRAININGS GIVEN TO  
PARTNER FAMILIES  
ABOUT HEALTH  
AWARENESS



## **AWARENESS CREATION TO NEW PARTNER FAMILIES**

Save A Family Plan conducted awareness programs to the new families enrolled in to our programs during the last year. The program sensitised the families about the Family Development Program of Save A Family Plan and its functions. Families were educated about the aim of Family Development Program, its guidelines and intensions. The training helped the partner families to become more aware about their rights as beneficiaries of the program and meet the program objectives.

**30**  
**AWARENESS CAMPAIGNS**  
**CONDUCTED FOR**  
**PARTNER FAMILIES**

**1425**  
**PARTNER FAMILIES**  
**PARTICIPATED IN**  
**THE CAMPAIGN**

**1114** WOMEN WORKING AS SELF HELP  
GROUP LEADERS



**39** WOMEN ELECTED AS  
LOCAL GOVERNING BODY MEMBERS

## **FOSTERING GENDER EMPOWERMENT IN COMMUNITIES**

Save A Family Plan provide opportunities and build competencies of women for occupying key roles and responsibilities to balance with men. We make deliberate attempts for the empowerment of women by making them the key participant in decision making process, ensuring their participation social groups, promoting and fostering leaderships among women.



Ms. Lois Cote inaugurating Annual General Meeting 2019

# ANNUAL GENERAL MEETING 2019

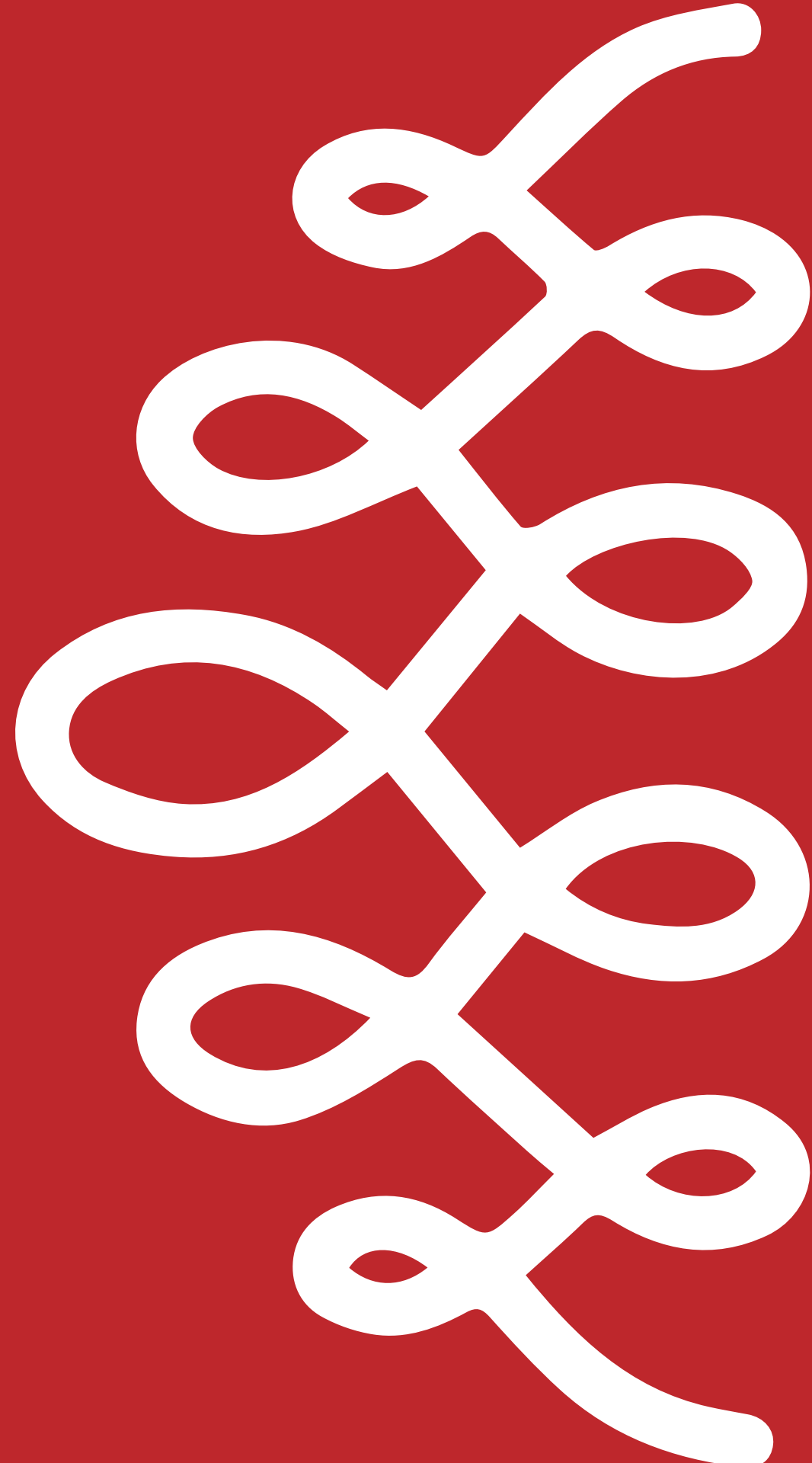


Partner NGO Directors in Annual General Meeting



**SAVE A FAMILY PLAN**

IN INDIA SINCE 1965



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